Beef & Mushroom Ragù Pappardelle or Fettuccine

Serves 4 preparation 20 minutes cooking 25 minutes



Ingredients

1/2 pound pappardelle or fettuccine

2 tablespoons olive oil

10 ounces button mushrooms, quartered

1/2 medium onion, chopped

2 cloves garlic, chopped

kosher salt and black pepper

1/2 pound ground beef or turkey

2 tablespoons tomato paste

1/4 cup dry white wine

1 14.5-ounce can diced tomatoes

grated Parmesan, for serving

Directions

- 1. Cook the pasta according to the package directions; drain and return it to the pot.
- 2. Meanwhile, heat the oil in a large skillet over medium-high heat. Add the mushrooms, onion, garlic, ½ teaspoon salt, and ¼ teaspoon pepper and cook, stirring frequently, until the onion is soft, 5 to 7 minutes.
- 3. Add the beef to the skillet and cook, breaking it up with a spoon, until browned, 3 to 5 minutes.
- 4. Add the tomato paste and cook, stirring, until slightly darkened, about 1 minute. Add the wine and cook, stirring, until nearly evaporated, about 1 minute. Add the tomatoes (and their juices) and simmer until the liquid is slightly thickened, 4 to 5 minutes.
- 5. Add the sauce to the pasta and toss to combine. Serve sprinkled with the Parmesan.